

(310) 829-5411 1330 17th Street, Santa Monica, CA 90404

WELCOME!

What should you bring?

Your stay at Seaport 17th Care Center should be comfortable, and we offer several amenities including complimentary toiletries. But there is always something we forget at home that could make our stay a little more cozy. Here are some additional items you are welcome to bring to make your stay more like home:

- 1. 3-4 pairs of comfortable pajama/cotton pants or shorts for mobility.
- 2. 3-4 comfortable shirts with one long sleeve for cool days.
- 3. One pair of non-skid shoes or slippers with a back (not slides).
- One robe or cover up for layering and after showers (and shower cap if needed).
- Your cell phone, laptop, ipad and smart phone are welcome (we have complimentary WiFi), don't forget your power cords and adapters.
- 6. Your own hair care, skin care and nail care products if you choose.
- A re-useable bag for family to transport your laundry/linens if you launder at home. We have onsite laundry.
- 8. Snacks you enjoy can be kept in our refrigerators and stored for you.
- A great book or your favorite magazines to relax.
- Music is welcome, please bring headphones to ensure everyone has a quiet atmosphere for recovery and rehabilitation.
- Denture accessories and cleaning products.
- Eye glasses including sun glasses, sun screen as we have an outdoor atrium for sunning.
- 13. Bring your assistive device from home (cane, walker, wheel chair), but our facility is equipped to provide all types of equipment if you do not have your own.
- 14. Make arrangements with family/friends to keep your mail, bills and affairs in order during your stay.
- 15. Bring pictures of loved ones to keep you motivated if you like.
- 16. Visitors are welcome between the hours of 11am and 8pm daily and we are a pet friendly facility.
- 17. Bring orthotics, braces, hearing aids, glasses, dentures, or any prosthetic device that aids in your daily living and mobility (please label everything).
- 18. Our activities department includes multi-denominational services, music, bingo, games, socialization activities and much more!
- Please bring continence materials with you from home if you like.
- All durable medical equipment will be ordered for you before discharge, pending insurance approval.